**Newsletter February**

* Today’s entertainer is John Grant, guitar player/ singer.
* Ann and David from Walking for Health will be leading a 30-minute dementia friendly walk around the village at the end of the meeting.
* Thursday 20th February it’s the return of Chris with a “Move it Mobility” session.
* Happy Birthday this month to Leslie Chapman, Jill Guest, Kathy Beatham, Philip Peet and Keith Orley.
* We are very sad to inform you three of our members, Peter Lobley, Franco Iannotta and Terry Dolling have recently passed away. Our thoughts and deep sympathy go to their widows, Maxine, Libera and Lilian.
* Next month on Thursday 5th March we have Paul with Singing for Dementia and on the 19th it’s singing duo Pete and Denise.
* Do you buy from Amazon? Did you know if you use their Smile Amazon account you can choose Buddies as your charity and 0.5% of the net purchase price goes to Buddies. Please let your family and friends know.
* **Important dates** – **Thursday 2nd April** it’s our third birthday with a special guest entertainer and Birthday Cake!

**Saturday 2nd May** we are holding our big fundraiser an Afternoon Tea and Musical Extravaganza here in the village hall.

**Thursday May 7th**, trip to Bransby Horses for tea and Cake (This is a free event for members)

* We are looking for some raffle prizes for our Afternoon Tea and Musical Extravaganza, if you have anything suitable please bring it along to our next couple of meetings.
* Thought for the month ……**Don’t be afraid to start again. This time you’re** **not starting from scratch, you’re starting from experience**.