

Newsletter March 2019

- This month we are being entertained by Paul with Singing for Dementia
- Ann from Walking for Health will be leading a 30-minute walk around the village at the end of the session.
- On Monday 11th March it's our Singalong with the Community choir between 2.00 and 3.00pm followed by refreshments. This month the Singalong will have been going for one year!!
- Happy Birthday this month to Joan Johnson and David Piper.
- Next month it's our Second Birthday, come along and celebrate with music from John Grant, special guests who have helped us and Birthday cake.
- Thank you to everyone who nominated Buddies Dementia Café for the BBC Radio Lincolnshire "Make a Difference "Award. We have made it to the final which will be held on Wednesday 27th March from 6.30pm live on air.
- Please make sure you see June for your ticket to the Burton Road Chippy for your fish and chip lunch on Thursday 21st March. There are limited places.
- Please take a look at our photo albums, some great photos of you all.
- We now have our own website www.buddiesdementiacafe.co.uk check us out!
- Thought for the month

Fortune comes to those who smile

