

## Newsletter July 2020

- Many congratulations to Terry and Gwen Woods who celebrated their 66<sup>th</sup> wedding anniversary on 7<sup>th</sup> June, what an achievement!
- Happy Birthday this month to Brian Herrick, Pat Mellows, Gwen Woods, Mike Folland, Kathleen Wilson, Chris Potter, Janice Donnelly, Susan Downs and Adrienne Wright.
- It was Carers Week in June and I wrote to BBC Radio Lincolnshire to ask them to give you all a shout out on Thursday 11<sup>th</sup> June. The BBC decided to do a feature about carers on Melvyn Prior's show that day and I did a live interview, which some of you may have heard. We wanted to acknowledge the difficulties some of you have been experiencing during lockdown, caring for your loved one without the support of family, friends, day care, respite care and of course Buddies. We know from our telephone calls that it has been tough for some of you but there is help if you need it. If you are experiencing difficulties, please let us know.
- We are sad to inform you of the death of John Bazley, John used to come to our meetings with his daughter-in-law Sash and then his carer, before going into a care home. Our thoughts and sympathy go to his family.
- Please continue to be vigilant about various scams, there is a new telephone scam where callers say they are from the NHS Track and Trace and asking for money for the test kit. If you do need a test this is done for free. Do not give your bank details. Similarly, there are email scams and callers to your door on the same topic, again **DO NOT GIVE YOUR BANK DETAILS TO ANYONE OR LET STRANGERS INTO YOUR HOME.**
- Thought for the month –

**Don't ever forget that someone who gave you a reason to smile**

