

## Newsletter December 2020

**Wishing you all a very Merry Christmas and a Happy New Year!  
Keep Safe - remember Hands, Face and Space.**

- Happy Birthday this month to Breege Owen and Ann Ransome.
- Please continue to be aware of telephone scams, NEVER give your bank details to anyone over the phone.
- Those of you with access to the internet will be able to listen free to **M4D RADIO** – they are part of the Music for Dementia campaign to make music available to everyone living with dementia. Just pick a decade, I picked the 1960's and loved singing along to some great songs. Give it a try!
- Did anyone manage to get the answer to last month's teaser.....  
When can you add "two" to "eleven" and get "one" – the answer is when you add two hours to eleven o'clock you get one o'clock.
- Some Christmas cracker jokes -  
What do you call a line of men waiting for a haircut?  
A barberqueue!  
  
Why was the Turkey in the pop group?  
Because he was the only one with drumsticks!
- A little teaser for you – What is always in front of you but can't be seen?  
Answer next month.
- Thought for the month

**Leave a little sparkle wherever you go – it may be a kind word or a smile, but it will make such a difference.**