

## Newsletter February 2021

- Happy Birthday this month to Leslie Chapman, Philip Peet, Keith Orley, David Cleveland, Jill Guest, Kathy Beatham and Veronica Hagues.
- Hopefully, most of you will now have received your first vaccination for Covid 19 and some have even had their second dose, this is all good news as resuming our Buddies meetings is now looking more positive. Of course, it will be a long time off but there is light at the end of the tunnel.
- Who managed to answer last month's riddle about the window cleaner cleaning windows on the 25<sup>th</sup> floor when he slips and falls but suffers no injuries? The answer of course was - he was cleaning the inside of the windows!
- Some of you may be interested to read the short book called "I remember when they taught cows to talk" by John Morris. A strange title but it is a guide for carers of loved ones with dementia and is full of useful information together with personal experiences of John caring for his father.
- On the 16<sup>th</sup> February it is Shrove Tuesday or Pancake Day. Unfortunately, the famous pancake race held in Olney, Buckinghamshire is a casualty of the pandemic this year. Legend has it that a housewife was busy cooking when she heard the church bells calling the faithful to prayer. Afraid of being late, she ran to the church clutching the frying pan in which the pancake was still cooking. No Covid restrictions on pancakes though, so we hope you don't miss out!
- A big thank you to Pat Mellows, one of our members, who has raised £176 for Buddies through the sale of her beautiful hand made cards.
- If any of you have some good news to share please let us know, a special birthday or wedding anniversary, let us all celebrate with you.
- Thought for the month –

**Piglet: "How do you spell love?" Pooh, "You don't spell it, you feel it".**