

Newsletter May 2021

- Happy Birthday this month to Jan Cleveland, Gill Birkin, Sandra Butler, Gill Gladman, Julie Kelly and Lynne Walker.
- We were incredibly lucky last month that BBC Radio Lincolnshire helped celebrate our 4th birthday by giving us a big shout out on the radio as well as a good interview. Hopefully, anyone listening who did not already know about us will be encouraged to come once we restart.
- The Police have recently issued a warning to **beware of delivery scams and phishing emails and texts pretending to be from DPD and the Royal Mail.** These emails and texts claim that you have missed a delivery and ask you to reschedule for a small fee, therefore obtaining your bank details!
- Buddies committee met for the first time since March 2020 and are beginning to prepare for the restart of group. Top of our list is to find and book your entertainment and are pleased to report it's all in hand! Ann and David from Walking for Health will also be back doing their dementia friendly walks around the village. We all know how important it is to be out in the fresh air and doing some exercise – benefiting both your physical and mental wellbeing.
- Thought for the month –

We are all different flowers but together we create a beautiful garden!