

Newsletter October 2021

- Today we are being entertained by Adele with Exercise to Music. This will be followed, for those who wish to, by our “Walking for Health”- a 20 minute dementia friendly walk around the village led by Ann and David.
- Happy Birthday this month to John Birkin, John Butler, Paul Ellis, Janet Adams and Carole Hewitt.
- If you are looking for another group to attend, there is “Singing for Fun and Friendship” in North Hykeham on a Monday morning. For further details please contact Linda Hoenes on 01522 262656.
- ***** Please note change of date for our Christmas Party *****
Our Christmas Party will be on Tuesday 14th December, further details next month.
- On Thursday 21st October we will be entertained by Andrew Cullum, an excellent musician with hits from the 50/60’s.
- Have you registered with Carers First? Carers First delivers the Lincolnshire Carers Service in partnership with Lincolnshire County Council’s Customer Service Centre, supporting people who look after a relative or friend.
Contact Carers First on 01522 782224.
- Next month on the 4th November we have Adele and Exercise to Music and on the 18th it’s the return of the very popular John Grant with Country Music we can all sing along to.
- Thought for the month -

It’s the friends we meet along the way that help us appreciate the journey.