

## Newsletter May 2022

- Today we are being entertained by Country singer, John Grant. This will be followed by the Buddies Sensory Stroll, a 30-minute walk around our beautiful village, led by Ann, Dave, and Denise.
- Happy Birthday this month to Jan Cleveland, Sandra Butler, Ben Clift, Sarah Monaghan, Pat Mundin, Loraine Solari, Jeff Hewkin, Esther Moss, Gill Gladwin, Julie Kelly, Denise Campbell and Lynne Walker.
- We are very pleased to announce that Lilian Dolling has agreed to join the Buddies Committee. With her enthusiasm, skills and experience as a former carer, she is a very welcome addition to the team.
- A date for your diary - TUESDAY JULY 12<sup>TH</sup> - we have arranged a visit to Baumber Gardens for tea and cake, arriving there around 11.00am. We will be taking names next month, as well as any interest in arranged transport.
- For our next meeting on Thursday 19<sup>th</sup> May, we have the children from Nettleham Junior School coming to sing to us and this will be followed by Adele with Exercise to Music.
- Next month on Thursday 2<sup>nd</sup> June we shall be having a special party to celebrate H.M. The Queen's Platinum Jubilee. We were delighted to receive a grant of £200 from West Lindsey District Council's Community Fund which is supporting projects to mark this historic occasion. We will be entertained with music and songs from DYAD, and there will be flags, silly hats, prizes, and cake! Then on the 16<sup>th</sup> it's Adele with Exercise to Music.
- Thank you to Dianne and Vera for their generous donation of £50, from their "be nice to one another" forfeits.
- Lincolnshire Police have produced a Crime Reduction leaflet, including useful information about protecting your house and property and we have copies available today for you to take away.
- Carers UK has now released a 2022/23 digital version of the 'Looking after someone' guide, giving an overview of the practical and financial support available to carers. It can be accessed by logging on to their website - [carersuk.org](http://carersuk.org) - and can be found on the Help & Advice page. A printed version will also be available shortly.
- Thought for the month –

**The two most powerful things in existence: a kind word and a thoughtful gesture**