

## Newsletter June 2022

- Today we are celebrating the Queen's platinum Jubilee with singing duo DYAD, lots of quizzes and prizes and cake! This will be followed by the Buddies Sensory Stroll, a 30 minute walk around our beautiful village, led by Ann, David, and Denise.
- Happy Birthday this month to Sallie Draper, Carol Orley, Geoff Pierce, Annetta Garner Jones, Sue Grant, Susan Lax, Margaret Symonds, Michael Johnson, June Gauke and Chris Dawkins.
- Our morning trip to Baumber Gardens for tea and cake is on **Tuesday July 12<sup>th</sup>**, **this is a free event**, if you would like to go, please make sure your names are on the list.
- Are you having difficulties in using standard mobile phones or land line phones? The Alzheimer's Society have various phones available to purchase from their online shop which may be helpful to you.
- Our information sheet highlights some items that you may find useful, such as message in your wallet, Herbert Protocol, lanyards, all of which we have available. Please ask if you would like anything.
- Our next meeting on Thursday 16<sup>th</sup> June will be Exercise to Music with Adele.
- Next month on Thursday 7<sup>th</sup> July we have the Lincoln Ukulele Band, then on the 21<sup>st</sup>, we have Exercise to Music with Adele.
- Heather and Mike are holding their annual Tea Party in aid of Buddies on Thursday 7<sup>th</sup> July, its only a short walk from the village hall, come along with us after our meeting and enjoy more refreshments and cake!
- Thought for the month

If today is the day you have lost your smile, I'm giving you one of mine, to keep forever, to make it better, because smiles are pure sunshine.