

Newsletter July 2023

- This morning our entertainment is the Lincoln Ukulele Band, this will be followed by the Buddies Sensory Stroll a 20 minute walk, led by Ann, David and Denise.
- Happy Birthday this month to Pat Mellows, Chris Potter, Sue Downs, Brian Herrick, Gillian Pearce, Carole Priestley, Trevor Stewart, Christine Robinson, Betty Christer, Barbara Forrest and Iris Mallen.
- Age UK are starting a new service “ I Forget “ providing lots of practical information and advice to those living with dementia. Please see notice board for further details.
- Dementia wristbands are available from the Police. If you are interested please email dementiasafeguarding@lincs.police.uk with the name of the person you are requesting it for, you will also need to include their date of birth, home address together with your contact details and a member of their team will get in touch. Please see notice board.
- Thursday 20th July, we will have a short presentation from the NHS Trust about their Dementia Home treatment Team, Clinical Pathways in Mental Health Older People & Frailty Services, Carers support and wellbeing. This will be followed by our entertainment **John Grant**.
- Heather and Mike are holding their annual Tea Party in aid of Buddies on Friday 14th July, between 10.00am and 3.00pm, at Eastend Farm, just down the road from the village hall. Lots of lovely cakes, a raffle, plant stall and much more, all in a lovely setting. Do come along and join us there.
- A date for your diary, **Thursday 24th August** trip to the **International Bomber Command Centre**, 10.30am for tea/coffee and cake. This is a free event – parking included! If you would like to go make sure your name is on the list.
- Next month in August on the 3rd, it's singer David St Paul, and on the 17th we have Exercise to Music with Adele.
- Thought for the month

How wonderful it is that nobody need wait a single moment before starting to improve the world.