

Newsletter September 2023

- This morning our entertainment is singer Jill Williams, this will be followed by our Buddies Sensory Stroll a 20 minute walk, led by Ann, David and Denise.
- Happy Birthday this month to Karen Nesling, Norma Sales, Brenda Staples, Mick Holman, Julia Lee, Keith Evans and Lorraine McGeoghan.
- We are sad to announce the deaths of Eddie Towle and David Flintham. Our thoughts and deep sympathy go to their families.
- Are you worried about your loved one wandering off? As well as the dementia wristbands available from the Police there are many other styles of wristbands available. We have the Mediband, a wristband where you can write your telephone number on the inside. Please see Lulu if you are interested.
- On Thursday 21st it's the return of the popular singer Dick Ryman and in October on the 5th we have the Stringing Nettles and on the 19th Adele with Exercise to Music.
- Thought for the month

A good laugh heals a lot of hurts.