

## Newsletter March 2024

- This morning's entertainment is from Nigel and Teri. We have a short presentation from Samantha Leach, Community Fire Safety Officer. After the meeting today, there is the Buddies Sensory Stroll, a 30 minute walk around our beautiful village. Remember walking is good for your health.
- Happy Birthday this month to Angela Hewitt, Hazel Holman, Keith Walker, Beryl Raynes, Judy Watton, Sue Key, Kate Burgess and Julie Newman.
- **Thursday 14<sup>th</sup> March** , our fish and chip lunch at the Elite Restaurant, Tritton Road. This is a free event, today is the last day to get your names on the list. Meet at **11.45am** at the restaurant.
- **Tip for the month** – If you are caring for someone living with dementia you may be entitled to a reduction in your council tax.
- We have the Hidden Disability Lanyards, Message in a Bottle, Message in a Wallet, Radar Keys (for disabled toilets) and Mediband ID Wrist Bands, all free of charge ....please see reception.
- On Thursday 21<sup>st</sup>, we have singer David St.Paul.
- Next month on **Thursday 4<sup>th</sup> April** it's celebration time, for our **7<sup>th</sup> Big Birthday Party** with special entertainment and cake! Not to be missed! On the 18<sup>th</sup> it's singer, musician John Grant.
- Thought for the month –

**When life is a storm, there is always someone to be your umbrella.**