

Newsletter March 2025

- This morning's entertainment is singer, David St Paul.
- Ann and David will be leading the **Buddies Sensory Stroll** at the end of today's meeting. A chance to enjoy the fresh air and get some exercise, all beneficial to your health.
- Happy Birthday this month to Angela Hewitt, Hazel Holman, Keith Walker, Beryl Raynes, Judy Watton, Sue Key, Pam Machin, John Evans and Jo Grimshaw.
- Are you caring for your loved one at home ? You may be entitled to a **25% reduction in your council tax.**
- Did you know you can buy a mobile phone with 4 large direct picture buttons, making it easy to use if you are living with dementia.
- Music for Dementia, discover the benefits of personal playlists and how to connect with music. Visit **playlistforlife.org.uk** for more information and free resources.
- On Thursday March 20th we have little Pumpkin coming to visit us. You may have seen Pumpkin on national television, she is a therapy dog who runs around on wheels as her back legs are paralysed. Pumpkin loves lots of attention and will want her photo taken with you all! Our entertainment that morning will be singer, musician, John Grant.
- Next month on Thursday April 3rd it's our **8th Birthday Party**. We will be celebrating with singer Kennie J , special visitors, some of our fantastic sponsors, presents, and of course cake! On the 17th we have the popular Belinda Hay for some fun games and singing.
- Thought for the month –

Just be happy and a reason will come along.