

Newsletter November 2025

- Today's entertainment is David St Paul, on the 20th it's singing duo Nigel & Teri.
- If you have not had your Flu and Covid vaccinations yet the NHS are here today, and again on Thursday 20th to give the jabs.
- **Buddies Sensory Stroll** after the meeting will be led by Ann, David and Denise. This is an opportunity to take some fresh air and gentle exercise with friends.
- Happy Birthday this month to Sue Dale, Harry Willows, Dorothy Howell, Olwyn Miller, Jack Machin, Barbara Smith, Beryl Brown, Lilian Dolling and Maureen Sullivan.
- If you care for someone with dementia, you can book a free appointment with a dementia specialist Admiral Nurse for expert, tailored support, whatever your questions or concerns. The clinic is held at Nationwide Building Society in Lincoln. To make an appointment go to Dementia UK, Book an Appointment at a Nationwide Branch. See our notice board for further details.
- We are very sad to announce the death of Keith Walker, we send our deepest condolences to his wife and family.
- There is a new dementia group called **Green Dementia Activities Club**, held every 2nd Tuesday of each month from 1.00pm to 3.00pm at 49 Roman Pavement, Lincoln, LN2 5RD. See notice board for further details.
- Last chance to get your names down for the **Tollertons' Afternoon Tea Party** at the Rugby Club on Thursday 13th November. Doors open at 11.45am.
- Thank you to our sponsors last month, Lincoln City Former Players Association, The Black Horse, Market Rasen Fat Club, and the Freemasons, Lodges Minster and Paulinus.
- Next month on Thursday 4th December we have Belinda Hay and our **Big Christmas Raffle**, lots of great prizes, tickets £1 each.
- **Our Christmas Party is on Tuesday December 16th** from 12.00 to 2.00pm. There will be a prize for the best Christmas outfit.
- Thought for the month –
If it makes you smile, giggle, or laugh.....Do it again.